

# *the* *Spa*

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 THE HOTEL  
AT THE UNIVERSITY OF MARYLAND

*Relax. Rejuvenate. Refresh.*



# The Spring Collection



## **Honey Lavender Soufle Massage** - 50 minutes - **\$175**

Nourish your soul and your skin with this succulent massage. Start with steaming, infused towels that will nourish your skin with antioxidants and vitamins. An herbal massage incorporating Buttermilk Lavender Steeped Milk® lotion and drops of sweet Honey Magnolia Body Oil, awakens and moisturizes skin. With the lingering scrumptiousness, you'll be the spring breeze we've all been waiting for!



## **Honey Lavender Parfait Facial** - 50 minutes - **\$175**

Get ready for your gourmet glow! The delicate scent of lavender kisses you like the first bud of spring. Next, a shea sugar micropolish awakens skin after winter's hibernation! Raw honey renews skin's complexion, while active yogurt brings you back to youth! This treatment leaves your skin feeling cool, crisp, and fresh as a flower!



## **Honey Lavender Puree Mani/Pedi** - Mani **\$40**/Pedi **\$75**

Sit back and let us serve an afternoon spa snack in the form of total relaxation! First, you'll soak in a antioxidant rich Honey Magnolia oil that caresses dry skin. Next, enjoy an aromatic fine sea salt exfoliation to soften the rough spots. Later, a drizzle of warm honey and live papaya fruit serum leaves you nourished and smooth. Finish with a dreamy Buttermilk and Lavender massage fragranced with wistful notes of lavender to melt your cares away.



# Facial Collection

REFRESH & RENEW  
YOUR SKIN.

These multistep skin treatments rejuvenate and nourish your face, making skin appear healthier and younger. They are one of the best ways to care for your skin concerns.



## **Away We Glow! Brightening Facial** – 50 minutes

Let it glow, let it glow, let it glow! Your new favorite spa experience starts with a calming cleanser and an illuminating tonic. Next, we reveal and renew with a fruit acid mask before applying calming oils and a second mask. Seal in the goodness with an advanced peptide + retinol-rich facial hydrator before leaving with a brighter, tighter complexion. **\$165**

## **Wrinkle Eraser Smoothing Facial** – 50 minutes

Get this spa-rty started with a nourishing cleanse to prep for an all-natural polish to remove dead skin. Our curated collection of masks tightens, tones and heals your skin, helping to erase the look of fine lines, bring out a healthy glow and create a temporary tightening effect to your face. This service ends with a time-release retinol and an under-eye serum to erase the look of crow's feet, revealing an even more wonderful you! **\$165**

## **The Southern Difference, Our Signature Facial** – 50/80 minutes

This customized treatment incorporates essential skin care techniques specially designed for your skin type based on a consultation with our skincare specialist. A combination of exfoliation, steam, extractions, deep-pore cleansing and a customized mask is designed to thoroughly cleanse your skin and leave you feeling relaxed, refreshed and rejuvenated. Experience the Southern Difference! **\$195/\$275**

### **Hyaluronic Marine Hydrating Facial – 50 minutes**

A gentle but effective cleansing is followed by a carefully curated order of masks and serums designed to replenish, plump and soothe dehydrated skin with hydrating hyaluronic acid and marine algae. These hypoallergenic, oil-free products are made for all skin types, ensuring your skin soaks up all the benefits of this facial. **\$185**

### **Vitamin C + Collagen Brightening Facial – 50 minutes**

Don't let your skin give away your age! This service uses a complete regimen of products filled with vitamin C + collagen paired with potent tools and treatments to revive dull, aging skin and improve the look of dark spots, leaving you feeling bright and tight! **\$185**

### **Superfoods Stress Recovery Facial – 50 minutes**

We care about what's going into our bodies, but what about what's going onto it as well? Superfoods aren't just found in the grocery store. Our thoughtfully crafted facial treatment combines products powered by superfoods, microencapsulated niacinamide and adaptogens to treat the five signs of stress-induced aging: redness, worry lines, flareups, dullness and dehydration. **\$185**

## **FACIAL ADD-ONS**

Take it up a notch by adding an advanced, tailored treatment specific to your skin type.

<b>Collagen Mask</b>	<b>\$25</b>
<b>Hyaluronic Marine Mask</b>	<b>\$25</b>
<b>Vitamin C Mask</b>	<b>\$25</b>
<b>LED Light Therapy</b>	<b>\$35</b>
<b>Liquid Exfoliation</b>	<b>\$55</b>



# Massage Collection

YOU'VE NEVER FELT BETTER UNDER PRESSURE.

Massage reduces stress, pain and muscle tension. Relax with a light-touch Swedish technique or customize your experience with deep tissue work and hot stones.

**Honey Magnolia Milk Massage** – 50/80 minutes

Steaming fruit oil-infused towels will nourish your skin with antioxidants and vitamins. A softly sweetened body milk massage leaves notes of magnolia flowers, cream and hints of honey to reveal fresh, radiant skin. **\$155/\$235**

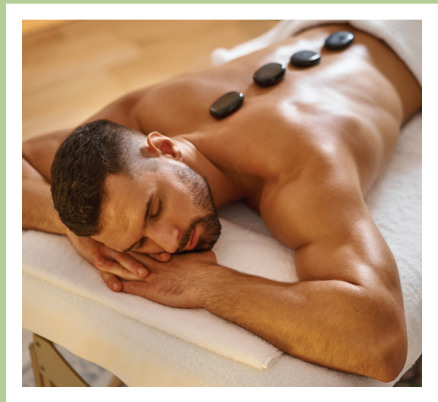
**Vanilla Bourbon Massage** – 50/80 minutes

Gentle kneading is blended with a delicious body oil lightly scented with warm notes of Madagascar vanilla and a dash of Texas distilled bourbon. Your skin will soak up the soothing elixir, adding extra hydration to your massage. **\$155/\$235**

**Masters Massage** – 50/80 minutes

Using the ancient practice of moving heated stones across the body can reduce or eliminate tension in the muscles, helping you to experience deeper relaxation. Coupling this technique with deep tissue kneading by skilled hands is a great way to heat up your massage experience. **\$195/\$275**





### **Bamboo Himalayan Salt Stone Massage – 50/80 minutes**

Himalayan salt stones are used to replenish mineral deficiencies. With a simple glide over the skin, your body absorbs 84 naturally occurring minerals and salts found in the stones, providing gentle exfoliation and creating softer, smoother skin. Coupling this with a massage using a bamboo stick, we can help reduce muscle tension and aches and pains, improve joint function and increase circulation, leaving you feeling relaxed and energized at the same time. **\$195/\$275**

### **Prenatal Massage – 50 minutes**

For women who are at least 14 weeks pregnant and have consulted with their doctor, our prenatal massage is therapeutic bodywork that will focus on the special needs of the mother-to-be as her body goes through the dramatic changes of pregnancy. This will enhance the function of muscles and joints, improve circulation and relieve mental and physical fatigue. **\$155**

### **The Southern Difference, Our Signature Massage – 50/80 minutes**

Unwind with a full-body massage, a warm cushion to soothe back muscles and a therapeutic scalp massage. Enjoy head-to-toe coverage for the ultimate experience. **\$195/\$275**

Contact us to book a couple's massage and enjoy blissful relaxation for two.

*\*Please note that prenatal massages can only be booked starting at 14 weeks.*

## **MASSAGE ADD-ONS**

<b>Aromatherapy</b>	<b>\$10</b>
<b>Muscle Gel</b>	<b>\$10</b>
<b>Deep Tissue</b>	<b>\$25</b>
<b>Hot Stones</b>	<b>\$25</b>
<b>Salt Stones</b>	<b>\$25</b>
<b>Cupping</b>	<b>\$25</b>
<b>CBD</b>	<b>\$35</b>
<b>Percussive Therapy</b>	<b>\$35</b>

# Body Collection

ALLOW THE DAY TO MELT AWAY.

A deep exfoliation leaves you feeling invigorated while our warm, soothing wrap allows your body to feel completely relaxed.

## **Brandy Pear Body Scrub** – 50 minutes

A Bartlett pear-infused sea salt scrub will enchant the senses, taking you on a sweetly scented journey into relaxation. We polish off this experience with a light and airy all-natural skin butter hydration that includes shea, cocoa and mango butters. The combination leaves your skin feeling soft as satin. **\$185**

## **Muscadine Moonshine Body Scrub** – 50 minutes

A muscadine moonshine-infused sugar scrub will enchant the senses, taking you on a warm journey into relaxation. We polish off this experience with a light and airy all-natural skin butter full body hydration that includes shea, cocoa, and mango butters. The combination leaves your skin feeling soft as satin. **\$185**

## **Avocado Pear Body Wrap** – 80 minutes

This innovative treatment will bring a renewed energy to your mood! Begin with a succulent sea salt and rice bran oil exfoliator to remove dull, tired skin. A cool, refreshing mask is then applied and the rich avocado butter infuses skin with super antioxidants. All of this is bundled up in a nourishing yet sultry nectar milk and chicory root wrap. And we top this all off with a soothing whipped shea butter massage. **\$275**

## **Glow & Get It Body Wrap** – 80 minutes

Is your skin in search of its long lost glow? Allow us to help! We begin with a nourishing vitamin E treatment that softens skin for a spirited exfoliation and finish with an organic shea butter to nourish and hydrate. All of our natural products ensure that your skin is only soaking in the best quality vitamins and oils. **\$275**





# Wax Collection

EXPERIENCE SMOOTH SKIN & BROW PERFECTION.

Our hard and soft waxes are specially formulated with anti-inflammatory agents that reduce the ouch and get rid of the hassle of shaving and plucking.

## FACE

<b>Lip</b>	<b>\$20</b>	15 minutes
<b>Chin</b>	<b>\$20</b>	15 minutes
<b>Brows</b>	<b>\$38</b>	15 minutes

## BODY

<b>Patch</b>	<b>\$25</b>	15 minutes
<b>Underarm</b>	<b>\$30</b>	15 minutes
<b>Half Arm</b>	<b>\$30</b>	15 minutes
<b>Bikini</b>	<b>\$50</b>	30 minutes
<b>Half Leg</b>	<b>\$55</b>	30 minutes
<b>Full Arm</b>	<b>\$55</b>	30 minutes
<b>Bikini Plus</b>	<b>\$65</b>	30 minutes
<b>Brazilian</b>	<b>\$80</b>	45 minutes
<b>Full Leg</b>	<b>\$95</b>	45 minutes
<b>Back or Chest</b>	<b>\$90</b>	30 minutes





# Nail Collection

POLISH YOUR IMAGE.

Glossy gels with high-impact color, long-wear shellac or your favorite shade are a powerful expression of your true self.

## **Berries & Bubbly Mani/Pedi**

Immerse yourself in a refreshing bubbling fizzer soak bath that relaxes and invigorates. A sprightly sugar scrub thoroughly banishes dead, dry skin and deeply hydrates with natural oils. A light drizzle of melted shea, cocoa and mango butters makes for a lavish massage finale like no other. **\$35/\$70**

## **Boozy Vanilla Chai Mani/Pedi**

Hands and soles take a deep drink of vitamin E with a vanilla bourbon soak to prep skin for a sugar scrub. Next, we'll wrap your newly revealed fingers and heels in a delicious whipped honey glaze to nourish and add an extra dose of hydration with a coconut milk massage, gearing soles and hands up for a night out under a full moon! **\$35/\$70**

## **The Southern Difference, Our Signature Manicure & Pedicure**

A service that exceeds your expectations! Experience the ultimate relaxation as your hands or feet are worked over with an all-natural sugar scrub, carefully masked for added hydration with a paraffin wax and pampered with hot stones following nail trimming and prior to an expertly applied polish of your choice. **\$50/\$95**

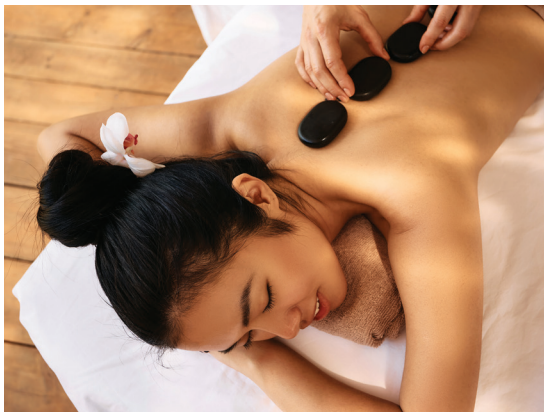
## **Acrylic Nails**

Acrylic nails are a great way to have beautiful, long-lasting nails without having to worry about them chipping or breaking. You choose the shape and length, and our team of experienced nail technicians will take care of the rest! **Full Set \$130/Fill \$85**

## **NAIL COLLECTIONS ADD-ONS**

<b>Nail Design</b>	<b>Starting at \$10</b>
<b>Gel Removal</b>	<b>Starting at \$15</b>
<b>Salt Stones</b>	<b>\$15</b>
<b>Hot Stones</b>	<b>\$15</b>
<b>Gel Ohh Pedi Soak</b>	<b>\$15</b>
<b>French Finish</b>	<b>\$15</b>
<b>Gel Polish</b>	<b>\$25</b>





# Spa Packages

## **The Masters**

80-minute Master's Massage with the Southern Difference Pedi. **\$350**

## **The Glow Up!**

80-minute Avocado Pear Body Wrap, 50-minute Away We Glow Facial, Berries and Bbbly Mani and Berries and Bubbly Pedi. **\$515**

## **Southern Difference Signature**

50-minute Southern Difference Massage, 50-minute Southern Difference Facial, Southern Difference Gel Mani and Southern Difference Pedi. **\$530**





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